

# YSPN

## Press release:

The Young Sikh Professionals Network (YSPN) was proud to host Fauja Singh, world record holding marathon runner for lunch at Circular Quay in Sydney on Wednesday, 27<sup>th</sup> March.

Fauja Singh, 101, is the world record holder in the 90+ age bracket, having completed the Toronto Waterfront Marathon in 5h 40 mins at age 92.

Singh, who recently retired from competitive running, is currently on a global tour to promote his recently released biography, *'Turbaned Tornado'*.

Attendees at the lunch were entertained by the down to earth and well spirited nature of this amazing man. One of Singh's fans, Gurvansh Bhatia, commented 'This is an amazing opportunity to meet such a remarkable man, I'm feeling fairly inspired right now'.

Communications Director for YSPN, Ramneek Singh, who had been in touch with Fauja Singh's biographer Khushwant Singh in order to arrange the lunch, commented 'we're very flattered that Fauja Singh took some of his valuable time out to meet with the Young Professional Sikhs of Sydney. No doubt everyone was as awe-inspired as I was to meet Fauja-ji. What was even more remarkable was his humility and great sense of humour. I hope to be as fit as him when I'm 50, let alone 101!'

This was Fauja Singh's penultimate event in Australia, he will now be heading back to his home in the UK.

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The Young Sikhs Professionals Network (YSPN), an initiative of Sikh Youth Australia, was founded with a mandate to connect and profile young professional Sikhs in Australia. This is achieved through a series of networking events, consisting of eminent speakers and business leaders.

Currently in its first year, YSPN boasts a member base of 300+ within Sydney, with ambitions to extend to other capital cities in Australia.

YSPN's next event, entitled 'Climbing the Mountain to Success: Leveraging your networks' will feature two eminent speakers, Giam Swiegers – CEO Deloitte Australia and Dr Perminder Sachdev, AM – Scientia Professor of Neuropsychiatry at UNSW. The event will be held on April 17<sup>th</sup> at 6pm, for further information please go to: <http://yspn.eventbrite.com/#>